

Babysitter Training

This hands on Babysitting class teaches youths age 11 and up how to be reliable babysitters! Participants learn and practice infant skills, how to handle emergencies, infant and child CPR and first aid. Participants receive a booklet, certificates and starter first aid kit.

Calavera Hills Community Center: Activity Room

Instructor: Sue Lockhart

Age: 11Y - 17Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58196	3:30-5:30pm	F	Oct 4-11	2c	\$75/\$85

Brain HQ

The BrainHQ program just got more convenient! Now you can really improve your focus, hone your memory skills and challenge your brain, two-weeks at a time. This new approach to reshaping your brain is receiving rave reviews nationally. Sign up now for your first two-week session.

Senior Center: Computer Room

Instructor: Thomas Collins

Age: 50Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58225	8:00-9:30am	M-F	Sep 9-20	10c	\$25/\$35
58226	8:00-9:30am	M-F	Sep 23-Oct 4	10c	\$25/\$35
58227	8:00-9:30am	M-F	Oct 15-25	9c	\$22 ⁵⁰ /\$32 ⁵⁰
58228	8:00-9:30am	M-F	Oct 28-Nov 8	10c	\$25/\$35

Ceramics for Kids!

Creating art with your hands in ceramics is one of the most fun art forms. At this class, you will learn how to use clay to create amazing works of art. We will make plates, vases, statues, bowls and a whole lot more. Some of the items will be fired. No wheel work will be done. Come and explore your creativity. No experience required, beginning artists encouraged to attend.

Stagecoach Community Center: Activity Room

Instructor: Arimaw Productions

Age: 6Y - 12Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58130	3:30-4:25pm	Tu	Sep 10-Oct 15	6c	\$54/\$64
58131	3:30-4:25pm	Tu	Nov 5-Dec 10	6c	\$54/\$64

Engineering with FUNdamentals

Having your child become a Play Well Engineer this school year! Students take on real-life engineering challenges that explore concepts in physics, architecture, mechanical and structural engineering with over 100,000 pieces of LEGO® material. From racecars to battletracks, this is a hands-on and minds-on class suitable for LEGO novices to 'maniacs'. Designed by engineers, the curriculum challenges both new and returning students to reach the next level of engineering comprehension all while having fun. For more information about Play Well programs, visit www.play-well.org.

Stagecoach Community Center: Meeting Room 2

Instructor: Play-Well TEKnologies

Age: 7Y - 12Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58135	3:30-5:00pm	Tu	Sep 10-Oct 29	8c	\$180/\$190
58136	3:30-5:00pm	Tu	Nov 5-Dec 17	6c	\$135/\$145

Fun with Watercolor

Adult

Learn the basic elements of painting: color, washes, value, techniques and creating a great composition. We will have six weeks of different subjects. Each class begins with a demonstration and includes a color reference photo for transferring onto watercolor paper. Tackle something new and enjoy this beautiful art medium. Material list available at the community centers.

Calavera Hills Community Center: Meeting Room 1

Instructor: Bonnie Gleason

Age: 18Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58197	1:00-3:00pm	Th	Sep 12-Oct 17	6c	\$90/\$100

I: Introduction

Learn the basic elements of painting: color, washes, value, techniques and creating a great composition and leave with art suitable for holiday greeting cards! Each class begins with a demonstration and a color-reference photo for transferring onto watercolor paper. Tackle something new and enjoy this beautiful art medium. Drawing not required. No class Thursday, Oct. 31

Senior Center: Arts Studio

Instructor: Bonnie Gleason

Age: 50Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58223	9:30-11:30am	Th	Oct 3-Nov 14	6c	\$90/\$100

II: Intermediate

Develop your painting repertoire! Review the basics, and then get to know pallets and the importance of pigment-to-water ratios. Each week we will create an easy-to-do watercolor while incorporating the principles and elements of design in order to take you to the next level of this beautiful medium.

Senior Center: Arts Studio

Instructor: Bonnie Gleason

Age: 50Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58224	9:30-11:30am	Th	Aug 22-Sep 26	6c	\$90/\$100

Jewelry Making for Kids

Ever wonder what it would be like to make your own key chain, bracelet, or hair clip? At this class, students will be introduced to jewelry making. Why pay for jewelry when you can make the items for yourself. No experience necessary, beginners welcome!

Stagecoach Community Center: Activity Room

Instructor: Arimaw Productions

Age: 6Y - 12Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58133	4:30-5:25pm	Tu	Sep 10-Oct 15	6c	\$54/\$64
58134	4:30-5:25pm	Tu	Nov 5-Dec 10	6c	\$54/\$64

Meditation Basics and Stress Management

Got stress? Need more peace? This class is sure to help! Gain fundamental knowledge about meditation and stress management, while you regain balance and re-energize your mind, body and spirit. This comfortable, yet interactive class is suitable for all levels, and can fit within any faith or lifestyle. Learn various meditation, chakra toning, and breathing exercises that you can do anytime/anywhere to release stress and invite more peace and happiness into your daily life.

Calavera Hills Community Center: Meeting Room 2

Instructor: Shephali Bhatt

Age: 16Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58137	6:00-7:00pm	Tu	Sep 10-Oct 29	8c	\$289/\$299

Movieworkz Stop Motion Film

Movieworkz offers a unique opportunity to explore stop motion animation. Students will learn video recording techniques and more. This program offers an amazing opportunity for hands on creative and artistic expression. Cameras and computers are provided for class use, material fee \$20.

Calavera Hills Community Center: Meeting Room 1

Instructor: Musicstar

Age: 7Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58436	3:30-4:20pm	Tu	Sep 10-Oct 15	6c	\$66/\$76
58437	3:30-4:20pm	Tu	Oct 29-Dec 3	6c	\$66/\$76

Music Moves

Your child will love singing, dancing and playing instruments. You'll love seeing your child grow and blossom, knowing that they are being nourished by music and movement activities that are specifically designed to meet their cognitive and overall developmental needs. Build-n-take musical instrument. A material fee may be due to instructor the first day.

Calavera Hills Community Center: Activity Room

Instructor: Lisa Megrditchian

Age: 2M - 4Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58202	9:00-9:45am	F	Sep 13-Oct 18	6c	\$89/\$99
58203	9:00-9:45am	F	Nov 1-Dec 13	6c	\$89/\$99
58204	10:00-10:45am	F	Sep 13-Oct 18	6c	\$89/\$99
58205	10:00-10:45am	F	Nov 1-Dec 13	6c	\$89/\$99

Stagecoach Community Center: Activity Room

Instructor: Lisa Megrditchian

Age: 2M - 4Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58198	10:45-11:30am	M	Sep 9-Oct 7	5c	\$74/\$84
58199	10:45-11:30am	M	Oct 28-Dec 9	6c	\$89/\$99
58200	10:30-11:30am	Tu	Sep 10-Oct 15	6c	\$89/\$99
58201	10:30-11:30am	Tu	Oct 29-Dec 10	6c	\$89/\$99



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by calling Michael Bodman

at 760-602-7527 or visiting

www.carlsbadca.gov/parksandrec.



Musicstar

Guitar

Learn how to play one of the world's most popular instruments in just a few sessions. No music experience necessary. Students will learn how to play basic chords and simple melodies in a fun group environment. \$20 material fee required.

Calavera Hills Community Center: Meeting Room 1

Instructor: Musicstar

Age: 7Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58462	4:30-5:20pm	Tu	Sep 10-Oct 15	6c	\$66/\$76
58461	4:30-5:20pm	Tu	Oct 29-Dec 3	6c	\$66/\$76

Keyboard

Learn to play keyboards in these fun filled classes. Begin with no previous knowledge of music. Learn to read and play and understand the basic concepts of music theory. Keyboards provided for classroom use. \$20 material fee required.

Calavera Hills Community Center: Meeting Room 1

Instructor: Musicstar

Age: 7Y - 15Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58463	5:30-6:20pm	Tu	Sep 10-Oct 15	6c	\$66/\$76
58464	5:30-6:20pm	Tu	Oct 29-Dec 3	6c	\$66/\$76

My First Art Class

For the truly beginner artist! This is a special art class for toddlers and parents (or their helpers). Little fingers experiment with painting, gluing, sticking, printing, sculpting and creating while developing fine motor, language and self-help skills. Each class introduces a new artist or art technique, colors, shapes and textures. Materials included.

Calavera Hills Community Center: Activity Room

Instructor: Abrakadoodle

Age: 2Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58138	9:30-10:15am	Tu	Sep 10-Oct 15	6c	\$86/\$96
58139	9:30-10:15am	Tu	Oct 29-Dec 17	8c	\$115/\$125

Stagecoach Community Center: Activity Room

Instructor: Abrakadoodle

Age: 2Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58140	10:15-11:00am	Th	Sep 12-Oct 17	6c	\$86/\$96
58141	10:15-11:00am	Th	Oct 31-Dec 19	7c	\$100/\$110

Oriental Sumi-e Painting

This unique, ancient art form utilizes specialized painting techniques handed down from one Japanese Master to another through the centuries. Artists use rice paper, sumi-e ink, ink stone and brushes. Sumi-e painting is characterized by the use of fundamental brush strokes based on simple lines and dots. Materials not included. Materials list available at any Community Center.

Calavera Hills Community Center: Meeting Room 2

Instructor: Kiyoko Messenger

Age: 14Y and up

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58310	9:45-11:45am	F	Sep 13-Oct 18	6c	\$53/\$63
58311	9:45-11:45am	F	Nov 1-Dec 13	6c	\$53/\$63

Kids Cooking Class!

The Good Food Factory

Join Amanda, host of the kids cooking show, The Good Food Factory. Haunted Halloween Cooking – for Kids! In this fun, healthy, educational and delicious introductory cooking class! Each week we will focus on a new meal time: Breakfast, Lunch, Snack, Dinner and Party! All recipes will be themed for Halloween! \$25 material cost due first day of class to instructor.

Harding Community Center: Recreation Hall

Instructor: Amanda Mascia

Age: 5Y - 12Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58191	3:30-5:00pm	W	Oct 2-30	5c	\$75/\$85

Holiday Traditions

Led by Amanda, in this class children will learn to create traditional holiday foods from around the world. Each class will emphasize cooking skills, etiquette, nutrition and delicious, wholesome fun!

Harding Community Center: Recreation Hall

Instructor: Amanda Mascia

Age: 5Y - 12Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58192	3:30-5:00pm	W	Nov 13-Dec 18	5c	\$75/\$85

Youth Chess

Chess will be taught in a fun and colorful way on a Giant Chess Board. Students will learn about different types of checkmates, strategies and principles on different colorful challenge boards set up throughout the classroom. Four way chess will also be played and prizes will be given out.

Calavera Hills Community Center: Activity Room

Instructor: Joe Prussack

Age: 6Y - 12Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
58303	5:00-6:00pm	Th	Sep 12-Oct 17	6c	\$99/\$109
58306	5:00-6:00pm	Th	Nov 7-Dec 19	6c	\$99/\$109

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